

OCTOBER 2020 PARISH POST

St. Paul's & Buffalo Lutheran Churches

Pastor Bill's October Message

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Dear Friends in Harmony,

Grace to you and peace from God our Father and one Risen Lord Jesus Christ.

I pray all is wekk with you and yours and that we are continuing to grow in the grace and have power and love of our Risen Lord. Our prayers are with those who may be concerned about Covid-19. Our prayers especially go to those who are fighting this virus.

October is stacking up to be a busy month. Confirmation on October 4 at Our Savior Lutheran Church in Page and on October 18 at St. Paul's Lutheran Church, Tower City. Reformation Day is October 31, All Hallow's Eve is better known as "All Saints Day". Then November Election Day, Thanksgiving, Advent, and finally Christmas. A whirlwind to say the least, also exciting times. I must mention and request your prayers of Thanksgiving as our Father has brought Weslie and I together and will unite in the Holy Estate of Matrimony. God is a Great God, thank you Father for your blessings. October 2 is our day of Blessing.

As already stated October 4 is Confirmation Sunday in Page and October 18 at Tower City. I am reminded as you all are reminded of our Confirmation moment. Black robes, the white robes with flowers of Palm Sunday, Confirmation with the laying of hands. Finally, our Baptismal vows. The Rite of Confirmation is really the beginning of continuing our walk with the Lord Jesus. With Reformation Day we are moved by the Holy Spirit to run the race set before us looking to Jesus and our faith, always giving, always learning, always ready to give reason for the hope that is in us.

Congrats "Confirmation Class of 2020" hear the words of Jesus and from me "my yoke is easy and my burden is light, and you will find rest for your soul."

Blessings in Christ

Pastor Bill Ahlfeldt

OCTOBER SUNDAY WORSHIP SERVICES WILL BE HELD AT 9:00 AM AT ST. PAUL'S LUTHERAN CHURCH AND AT 11:00 AM AT OUR SAVIOR LUTHERAN CHURCH, PAGE. PASTOR BILL AHLFELDT IS SERVING AS OUR INTERIM PASTOR NOW—HIS PHONE NUMBER IS 701-412-6953 and HIS E-MAIL ADDRESS IS billsharron@cableone.net

The Church Office should be open on Fridays from 10 AM-4 PM. If you find you need something at a different time don't hesitate to call Bette at her home at 701-749-2508.

Confirmation will be held at St. Paul's Lutheran Church on October 18. Students that will be confirmed are Kiana Lerud, Riley Besette, and Halie Besette. May we remember them and the students confirmed October 4 at Our Savior Lutheran Church, Page in prayer and they continue to grow in their faith.

May we remember in prayer Gert Olson of Springhill, Tennessee. She is the sister of Ethel Grieger and was recently diagnosed with pancreatic cancer and now has been given 3-6 months to live. She is on Hospice Care. She lost her husband in July.

Please remember in prayer our World as we live with the COVID-19 virus!

May we keep Richard Kohler, formerly from Tower City and now at home in Valley City, in prayer as he recuperates from emergency abdominal surgery recently.

Let us keep our young people in prayer as they have started their fall school education and are dealing with the Corona virus.

St. Paul's WELCA News: Due to COVID we again have to rethink our annual fundraiser and have decided to go ahead with just the raffle tradition part of the bazaar. We again will highlight our handmade quilt and offer other prizes as well. Tickets (\$2 per ticket with a book of 6 tickets costing \$10) are for sale now and the drawing will be held after church service at Buffalo Lutheran Church on November 15. If you would like extra tickets to sell contact the church office or Colleen Clancy at 840-1990. You can turn your ticket sales money in any Sunday or to the church office. If you find that you are unable to sell your tickets please turn them in also. We hope everyone will prayerfully consider making a Love Donation to the WELCA to help make up our Bazaar income.. This is our only fundraiser of the year and we continue to remain committed to helping out with the church's projects as needed! Thanks so much for your help!@

Dear Family and Friends,

Now that many of us are spending more time in our homes due to Covid 19, it may be a good time to check your home's radon level. Did you know that radon causes 21,000 deaths per year and that 2,900 of these deaths occur among individuals who have never smoked?

Radon is invisible, has no odor, and is the second leading cause of lung cancer. It comes from a breakdown from soil, rock and water. Nearly one out of every 15 homes in the US have elevated radon levels. Radon can get into your home through cracks in solid floors, construction joints, cracks in the walls, gaps in suspended floors, gaps around service pipes, cavities inside walls and well water supply.

Testing your home is easy and inexpensive. If your radon level is 4 picocuries per liter (pCi/L) or higher you should fix your home. Even levels less than 4 pCi/L still pose a risk and may be reduced.

Reducing radon can include; sealing cracks, a vent pipe system, house pressurization, heat recovery ventilator or using a high-density plastic sheet to cover open soil in a crawl space. The best way is to consult a certified contractor who specializes in radon. The cost of "Fixing" a radon problem can be similar to common household repairs.

A good information site is; https://www.epa.gov/sites/production/files/2016-12/documents/2016_consumers_guide_to_radon_reduction.pdf

Most Hardware stores sell radon kits or they are available for purchase online.

The sites listed below will give you more direction if your testing is elevated.

Everyone deserves safe and clean air to breathe.

Peace in Him,

Gwen Fraase RN BSN Parish Nurse for Community Health Ministry

<https://www.epa.gov/radon/health-risk-radon>

www.epa.gov/radon/citizens-guide-radon-protecting-yourself-and-your-family-radon

https://www.epa.gov/sites/production/files/2016-12/documents/2016_consumers_guide_to_radon_reduction.pdf

This year Vacation Bible School didn't happen because of the COVID virus. Everyone missed this opportunity, the children and the adults, that have been involved in the event. Collen Clancy has been coordinating VBS and we thank her very much for what she's been doing. She has decided to "retire" from this responsibility but she'd be glad to welcome someone new to the responsibility and help the new leader understand and take over the Vacation Bible School. Please feel free to call Colleen at 840-1990 with any questions you might have. Collen has shared that's it important to begin the Bible School planning about March. Please consider becoming a "planner".

Congratulations and Blessings! We wish the very best to newlywed Pastor Bill and his wife, Weslie as they begin this new chapter in their lives together as they were married on October 2. God's Blessings!

Eastern North Dakota WELCA News

Save the date! The 33rd Annual Convention of EaND SWO will be held at Park River Bible Camp on Saturday, November 18, 2021. Keynote Speaker will be Kevin Wallevand. Check the Eastern ND WELCA Women's Newsletter at www.eandsynodwelca.org

St. Paul's Lutheran Church remodeling

Everyone is invited to check out our "fixed-up" church basement. Many improvements have been made and we thank the people who have been doing the work and we thank the WELCA for the financial support!

